

2025

Zwaard & Steen *Winter-Doe-Boek*



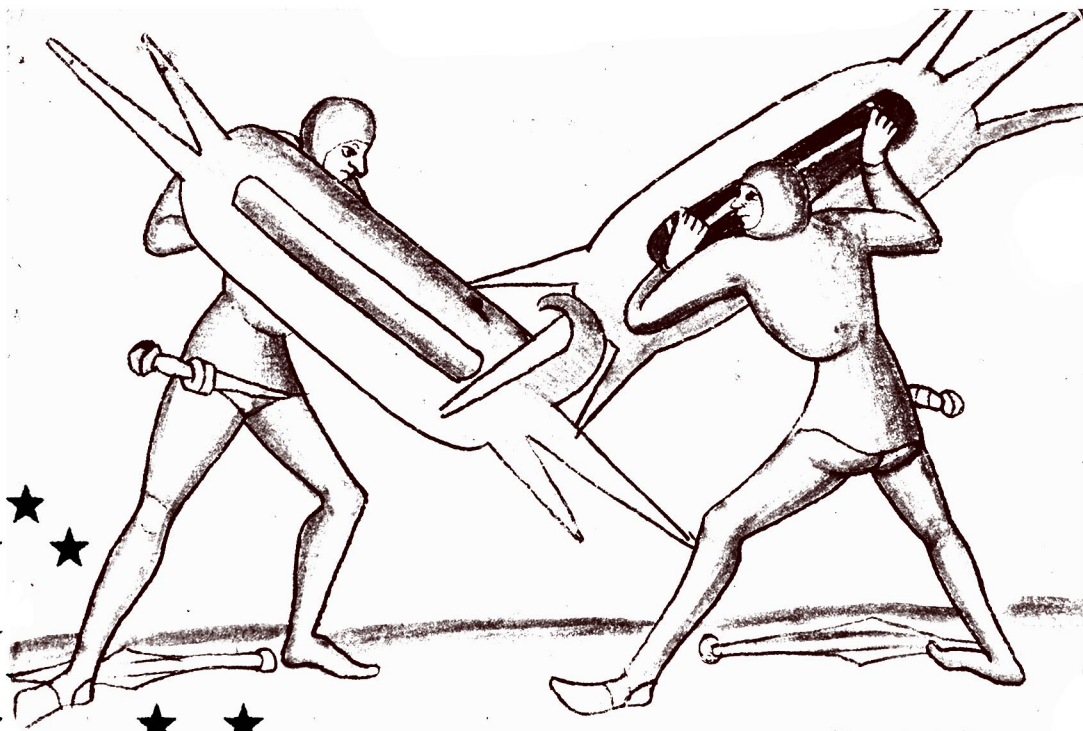
Vol leuke puzzels en activiteiten!

Het is leuk, echt waar!



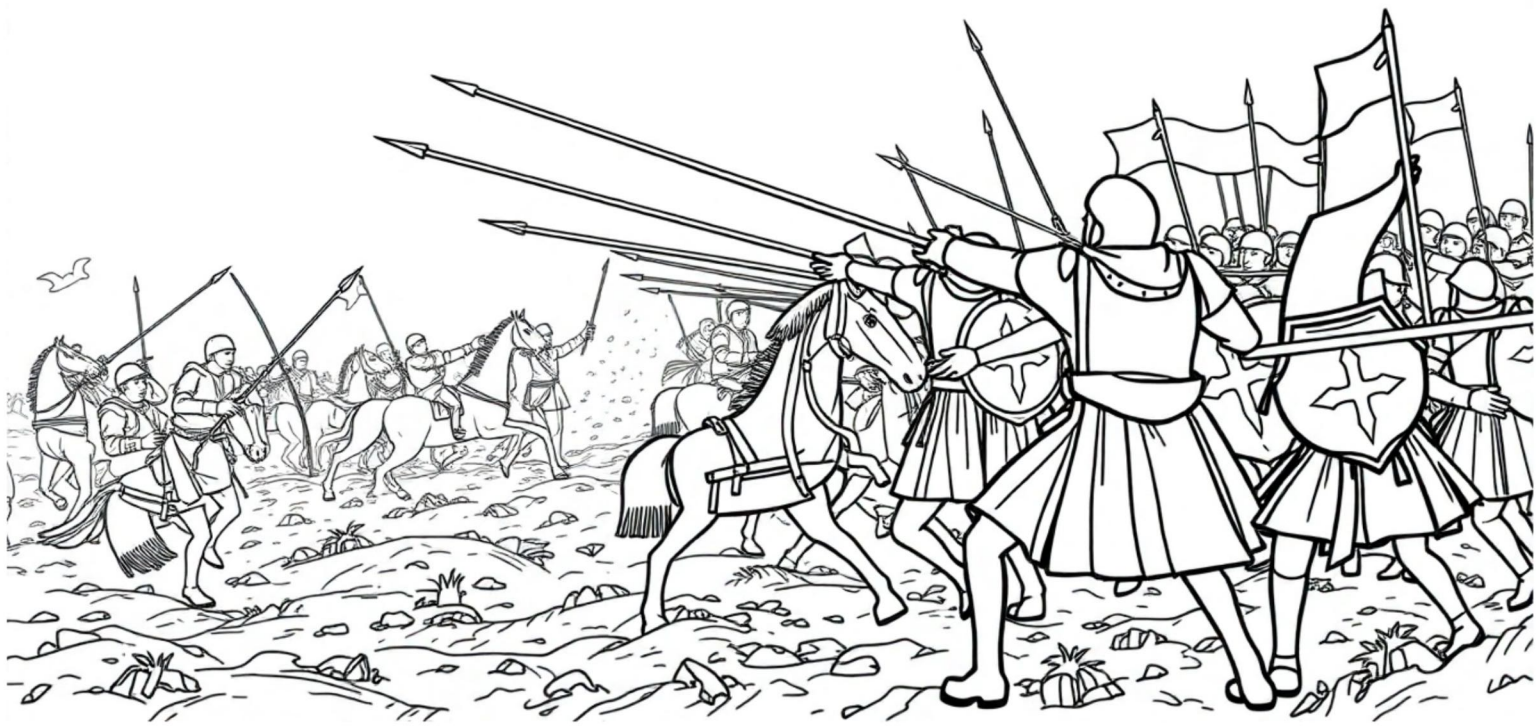
Zwaard & Steen *Winter-Doe-Boek*

Vol leuke puzzels en activiteiten!

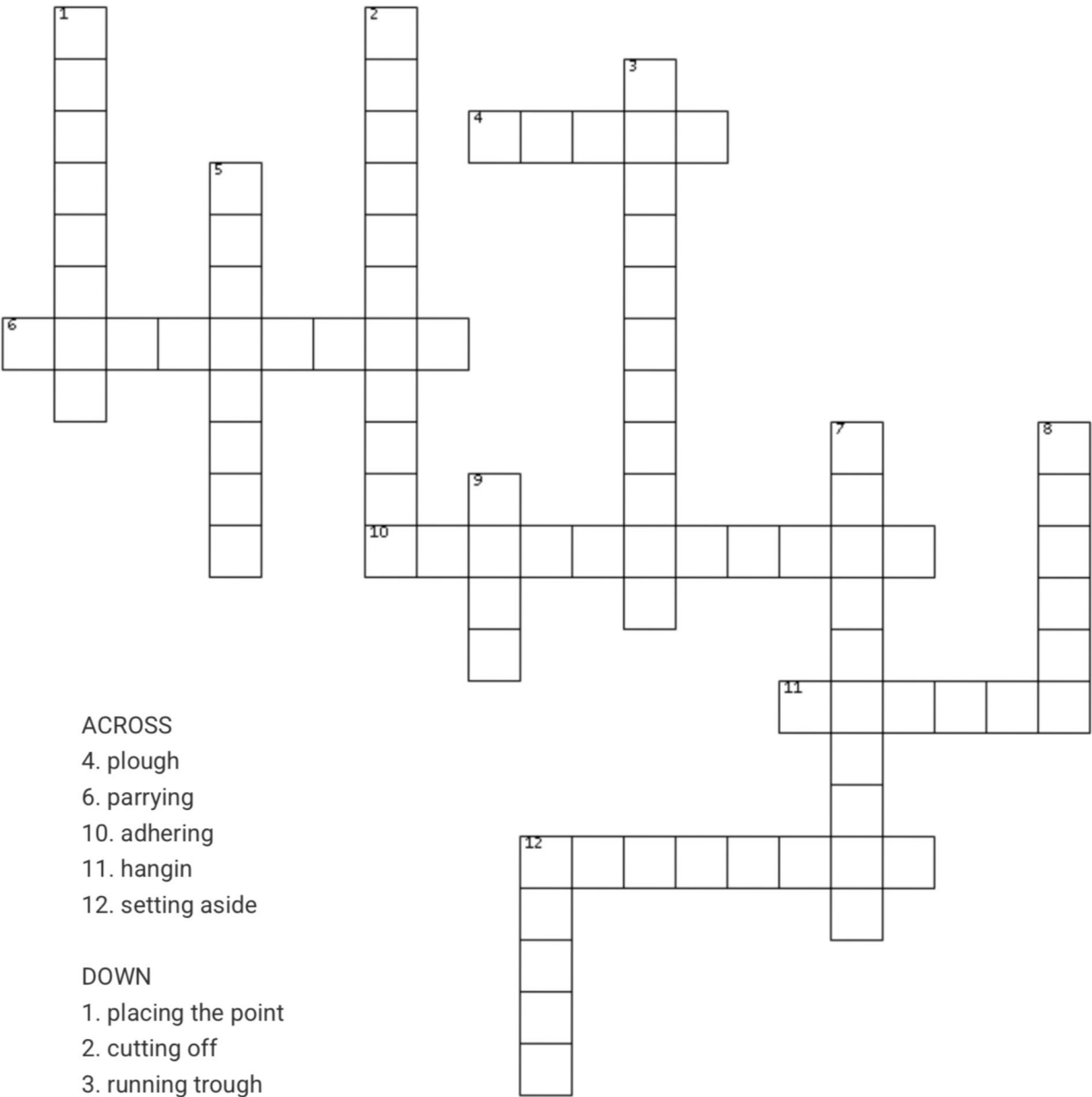


Samengesteld door Balazs Szucs
2025

Verplichte 'waar kijk ik naar' kleurplaat Ai in Agincourt



Kris-kras zwaardologie



Waar is mijn gear nou weer gebleven?

Help jij mee om alle stukken gear te vinden?

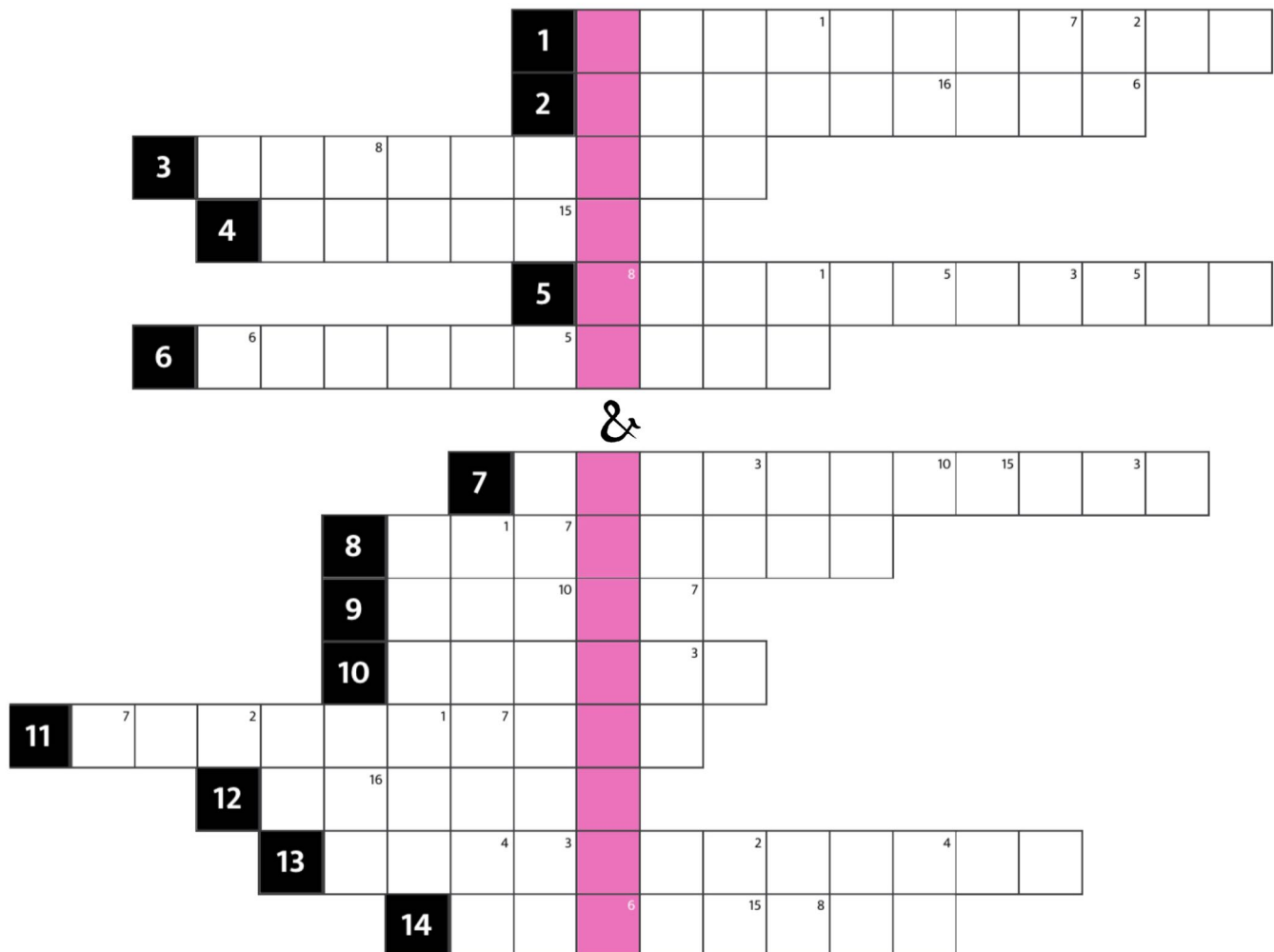
C V X S O C K S K G T S P P C
P A U T T O Q U E O E U R I H
K U C N E R J I W V K M B G E
N S O A G H V E O S C A S M S
E E A P R C L L B P A S H O T
E V I M O A G G H O J K I F P
P O Q Q G Y N C P R G O N F R
A L V Q V N Q X U T N V G U O
D G J A O B I E H S I E U B T
S T E V S Z F C K H C R A O E
C H P F R Z Z E N O N L R T C
U G L E G J C R X E E A D T T
K I G A B D R O W S F Y S L O
E L B O W O V E R L A Y S E R
G A B L E F F U D S D D O C U

Bottle
Duffelbag
Fencingmask
Kneepads
Pants
Sportshoes
Towel

Buff
Elbowoverlays
Gorget
Lightgloves
Shinguards
Swordbag

Chestprotector
Fencingjacket
Heavygloves
Maskoverlay
Socks
Toque

Beuken en zwaarden



- | | | | |
|---|------------------|----|--------------|
| 1 | Stab-blow | 8 | Protect |
| 2 | I.33 | 9 | Stab |
| 3 | Fiddle-bow | 10 | Nudge |
| 4 | Longpoint | 11 | Half shield |
| 5 | Stepping through | 12 | Crutch |
| 6 | Shield-blow | 13 | Fool's Guard |
| 7 | Postures | 14 | Ward |

Sánchez's lessenpakket

Omcirkel de acht dingen die Sánchez de Carranza je zal leren om te doen met een Montante.

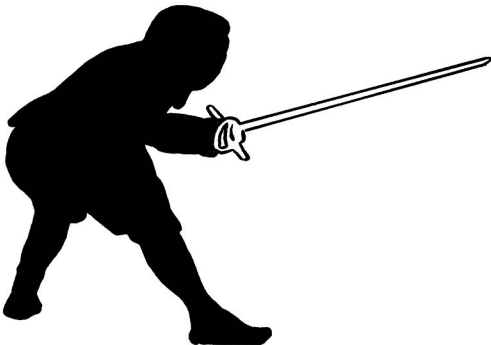
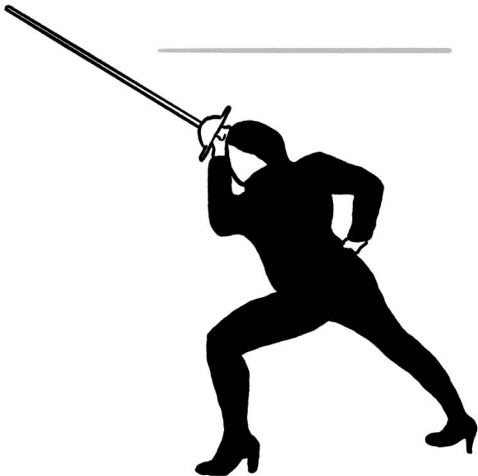
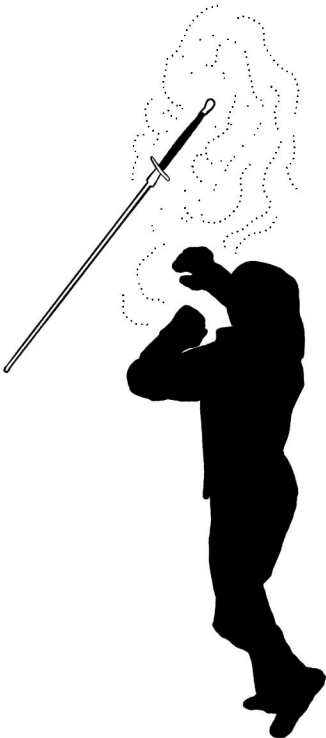
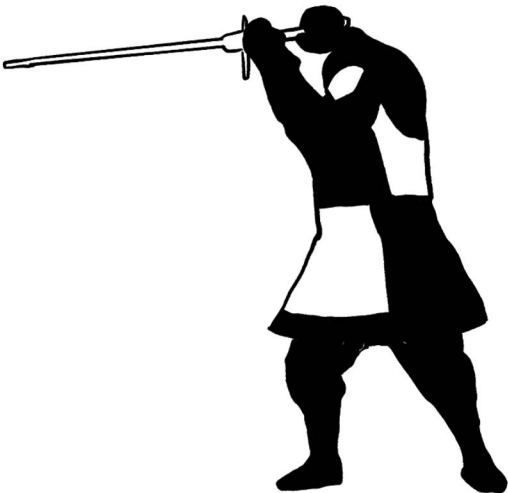
'I will give you now all the rules to be played high and low, in both modern and in ancient style, close to the body and free from it, montantes and famontantes with their locks;

How to charge in four directions	How to make a cappuccino
How to clear a tavern	How to bring peace
How to rouse a fight	How to defend a doors passageway
How to exit without injury from a narrow street	How to work against rapiers
How to sweep a square	How to overcome a rotella's defence
How to surrender man on a horse	How to keep your cape
How to swing two montantes	How to guard without sight
How to cut a feather from a cap	How to keep your lords mark
How to defend your dame with fetters and even without them	How to surrender two rodelas
How to attack amongst pikes	How to carry your sword with honour
How to make another montante retreat	How to fence a triangle

and this nobody knows how to do as well as I do it— to people behind and in front of you, all together with a thousand new things — do not laugh!'

Sánchez de Carranza. Filosofía de las armas. f.111

Who's that Poke-HEMA-mon?



Waar komt de wapen vandaan volgens Mair?

Sarmatians, Huns, and other peoples	Long Pike
The ancient Germans	Sword
Romans and Persians	Short Staff
Not very old	Dagger
The good people of Sparta	Halberd
The fighting women called Amazons	Flail
Amazons, convincingly reported by Aventinus	Dussack
The age-old main piece	Scythe
The ancients	Polaxe

MLWF zoeker

Q A A H W Z Y U F L L G Y C K N R W L B A M V P V S J M R N A F W Z H
Q Z G H E Z J K W K O S A M R L D C W C N L X G D K A T B R Z P A M C
O C H S C X N E Z T U H C S U I J S X X S G W J J T M H E Q Z J H F S
I Y J O K N K J F U Y A J K K M T N E M W B P R B E P M R T G S Y Y Y
H Y Q A E J Q E H H V N Q P P C I H N R C C H L R D K G N A F A D W D
I A M L R Z M M Z L Q R G G H E H K I W N E G O B H E C K P K K A K K
G Q Y Y E Q N C I E B I P T A Q M Q Y R I L W K J X N S U K H N K H G
Z K K I R N N O W T L O A L U B G U R B T N A H Y L H Y Q R W C S H Q
A O P E Y E S N Y T A H J T W H I A I E J Y K G P F V W G S K D W T O
N E B E N H U T P I G N U Z T A S R E V B T T E J I Z P Y B I U N H N
P C Q G X C C R A M B C J X H A T T U N R E B H R J W R F A O R K E C
S Z P P T E C A S C H C K A S P Z A Y R W O T Q R T Z E Z L F O B B S
H U F Y E T F R T D M Z L O H P C E G V G S N V Q E X S M K U C N A C
B W B U M S R I E H O P M S Y V G R X P W X R A J I E S I M M G Z W F
G A S A T Q B A I X S M J R K G N I J F M S L V M B G E G A Z E W H X
I S M H O O Q Q S C R P Y H X T Q E J Q C R R H L O D M N J G R A C I
P H L E C K U C H N E R X U R T J M D U J E Y K H L T D P N C E L A P
K Y F T V B N I L D R C H M E Y H G S I G W L V H F I T U E O I P L S
Z Q W U A H L E D I E H C S Y R E T S N E F H C E R B Z O D N P U S S
B E N A O T Z Y K B I B O Y E B O N I S R N A V I Y A Y R S U A R H B
A Z D H S E C O N D A S P R M D Y W F E F L H T U S J O N W A R G C J
F O S G N U U D R V U H I R I K Z Z S A S Z T C R Z W Q Q Z C W I I B
G E F F E R H A U N I W H A T A M S B T H O H E S S I D O T N P S T Q
O S R E V I R Z I N H E I A O R E G L S W G V Y S B N W F C L W J S S
T K T Y Q W O I N G X U R A I M O I M H N L D N B W A N M P D C L F E
S E F U L O V R E I T S T L S K H T S G E V J D G E T L U Z W A R F T
E Q R A G O P L I D I V E G A C U N E N F Z M E B C W C K C N Q P D N
W M K Z V K E D A H L W E A S G B P S G W B D I R H H I W G H W T L A
P U Q Y A H N D X U G I M C A J E T C T N R Y S E S T E O R S E T E T
B U C K L E R B G X R I E W U K U R A C O A E E R E A R Q C Y R N G N
N T J X J V A I S K R P A T D C J G Z W U Z H N I L T T H E L G P Y O
X U M H K W N J T P F Y U U K P R H S X A Y N P O O W I C Q W I G Y M
U L D X Z S R S O E S H I U P K J G B D H Y J O E F E M A U L P O H B
C L F J L K Z U S B K P Y A K J N K U K T N W R R L P H V S L X H S Y
J X G A R Z Z V B N Q Q L A T O I Y S F S V F T H K W S R I J M T I Y
Y R N W E V G W A F U O T S L R K E Z Y U Z N A D U R C H T R E T E N
F D F W B U D R E E H K W E I N H O R N R W U N N L I W N V J B E Y B
T R Y N L M H E C R I E R V L G B S U G T W G C J X G E L A A O G V E
Z N R H O C A Q N T C Y B V M X J B U C N T G O O M O S K B Y C F H M
B I L S S J N T O Z V H M E T P C I W S E V W R Y L V S A J L V X O Q

- | | | |
|--------------|--------------|--------------|
| Abschneiden | Bogen | Brechfenster |
| Buckler | Contraria | Custodia |
| Durchtreten | Eber | Einhorn |
| Eisenport | Entrusthau | Fabris |
| Gefferhau | Halpschilt | Hangetort |
| Ithirtythree | Kriegsmesser | Kron |
| Krucke | Krukphauw | Langort |
| Leckuchner | Lenstuck | Longsword |
| Lucta | Luginslandt | Mandiritto |
| Messer | Meyer | Mittelhut |
| Montante | Nebenhut | Nuchen |
| Ochs | Olber | Pastei |
| Pflug | Prima | Quarta |
| Rapier | Riverso | Scheidelhauw |
| Schielhauw | Schiltslach | Schrankhut |
| Schutzen | Seconda | Sottomano |
| Stechen | Stichslach | Stier |
| Sword | Tag | Terza |
| Versatzung | Versazung | Vidilpoga |
| Vierlager | Walpurgis | Wechsel |
| Wecker | Winker | Zornhut |
| Zwerch | Zwinger | |



Jan's sales lijst

Z&S order #38 gaat bijna de deur uit, alleen nog een laatste controle en een lekkere glas whiskey vooraf
Er wordt voor €4432 besteld door 8 mensen.

Een iemand heeft 3 zwaarden besteld, een iemand wil zich zo goed mogelijk beschermen, een iemand wil een tas en een zwaard, een iemand bouwt een arsenaal, twee mensen beginnen net, een iemand doet onderhoud en reparaties, een iemand probeert een nieuwe discipline.

Kan jij de beste bestel lijst voor Jan maken. Buffs, sokken, rubberen tips kunnen door iedereen besteld worden.

Pommel €10

Federechthwert classic light €195

Side sword € 170

Club rapier €170

Ara rapier €135

Sail dagger €80

Smallsword ahf €75

Buckler €49

Rapier musketeerblade €65

Rapier renaissance blade €99

Cup for smallsword €7

Bell cup for rapier €15

Rubber tips €6

Chest protector black knight €35

Hema gloves black knight €210

Hema gloves black prince €300

Hema gooves firestone 2 €70

Hema fencing gloves short €60

Fencing socks €7

Sport buff €8

Fie mask €135

Mask protector €55

Throat protector €40

Hema bag €220

Taktie...waarom?

Wat is de kracht van deze guards en wat bereik je met je tegenstander als je hiernaar toe gaat?

Ochs

Vom Tag (laag)

Vom Tag (hoog)

Pflug

Alber

Nebenhut

Schrankhut

Langen Ort

Bonuspunten:

Posta di donna

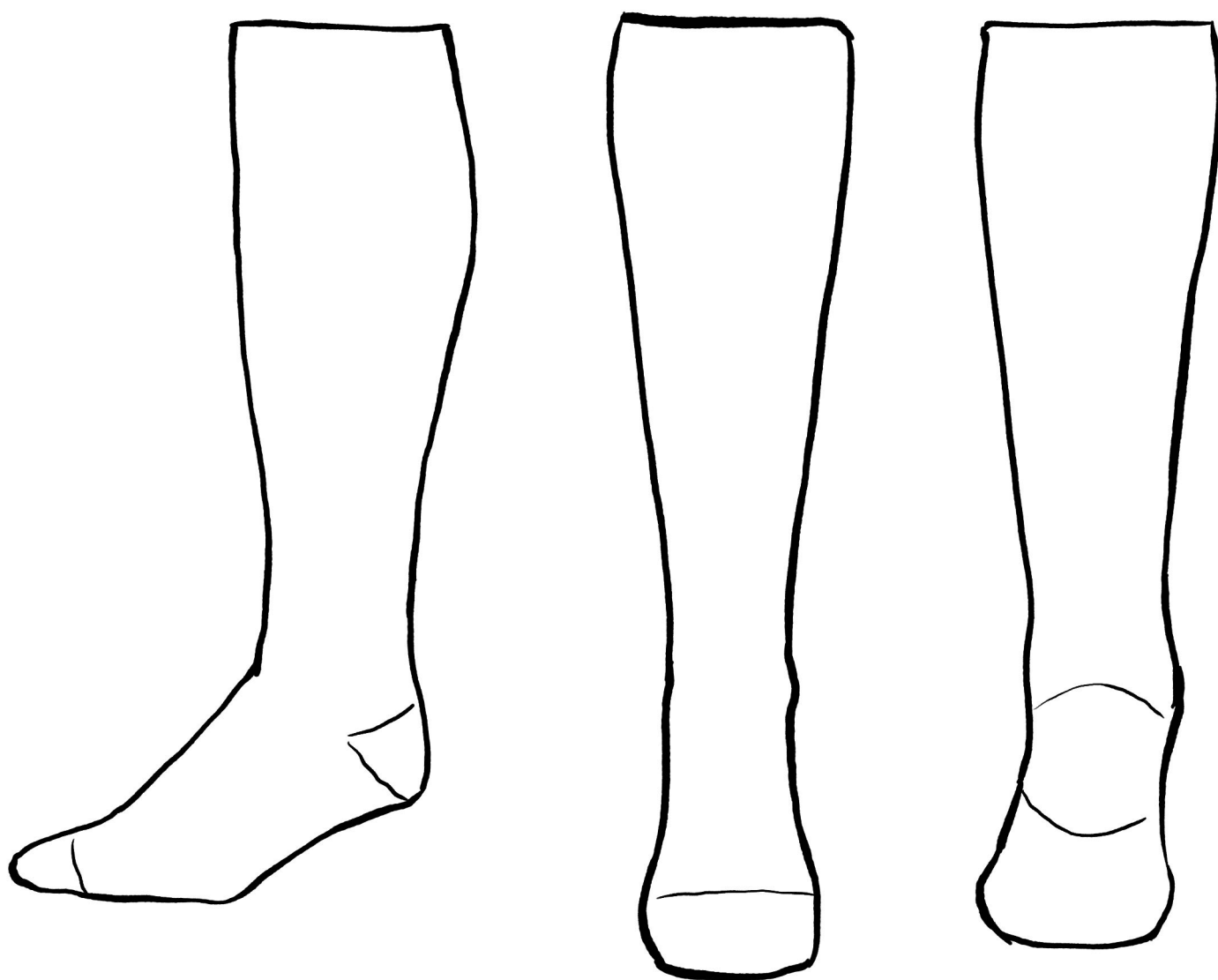
Tutta porta di ferro

Posta frontale ditta corona

Dente di zenghiaro

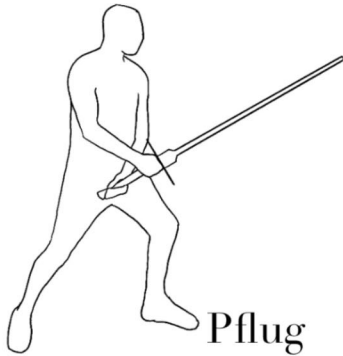
Posta di dente zenchiaro mezana

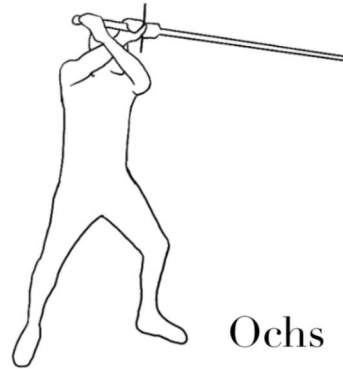
Ontwerp je eigen trainingsok

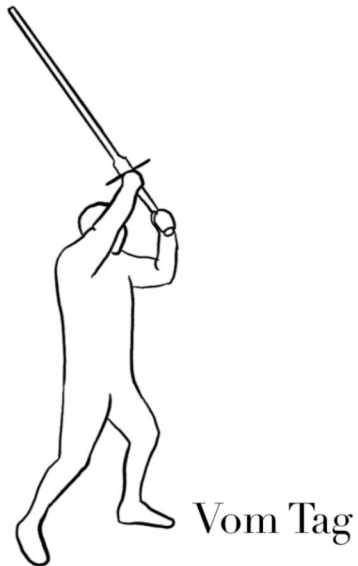


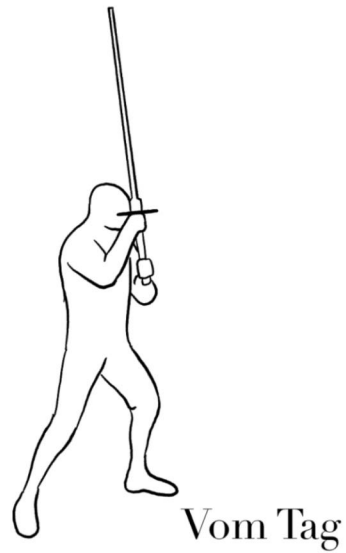
Guards! Guards!

Wat gaat er mis bij deze houdingen?





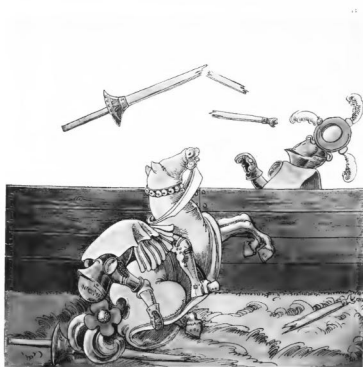




Freydalse taferelen

De sportcommentator van de Freydal spelen is uitgevallen wegens acute metaalvergiftiging na een potje dobbelen.

Kan je zijn rol overnemen en deze momenten vanuit het toernooi van tekst voorzien?



Geef grans kervels



Tweyft



Geef chrefel van peeg



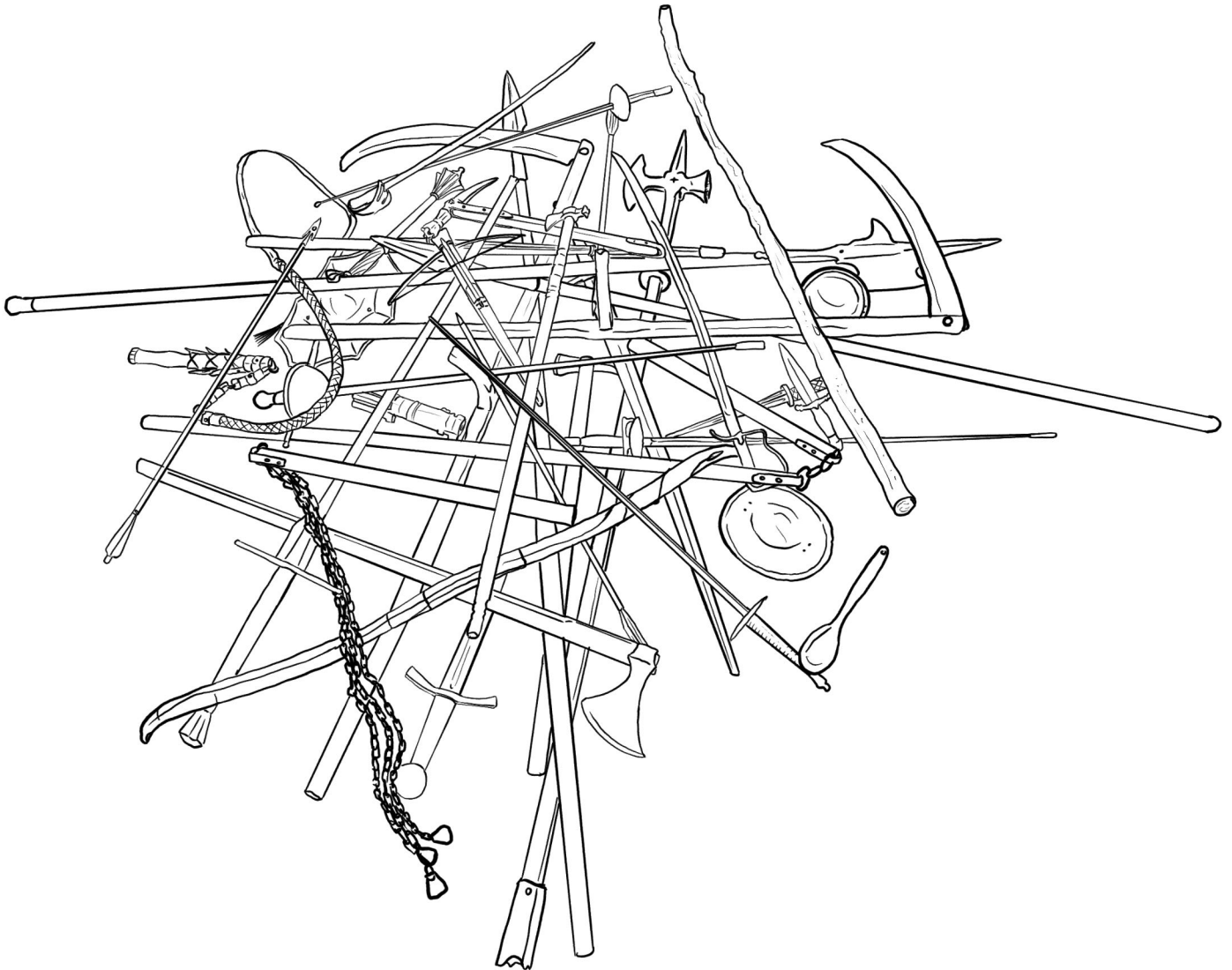
Preaf d'blieft van g'lees



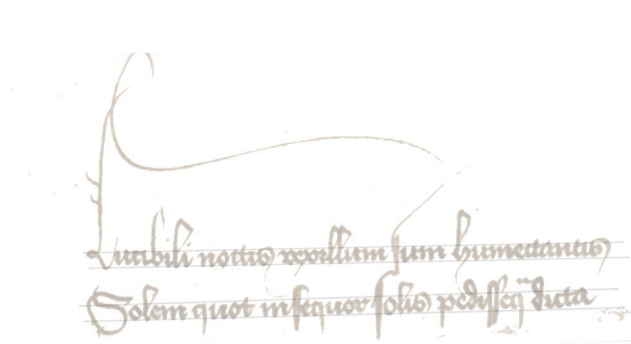


Preaf d'lees van d'jont'feet

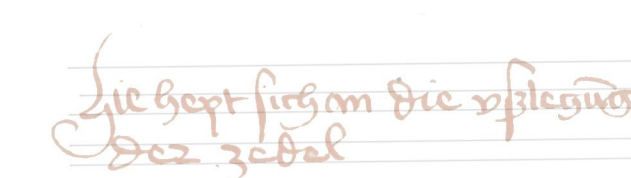
**Oh jeej, Balazs z'n tas heeft gelekt.
Hoeveel wapens kan je vinden?**



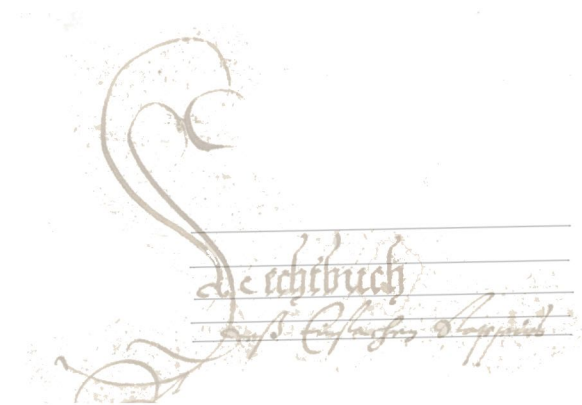
Schrijf als een meester



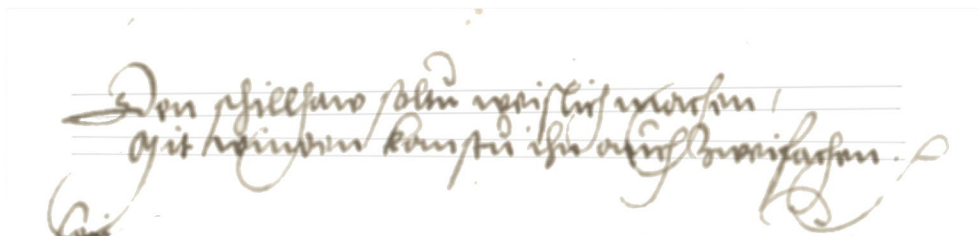
Die Blume des Kampfes (Cod.5278)



Johan Liechtnawers Fechtbuch geschriebenn (MS Dresd.C.487)

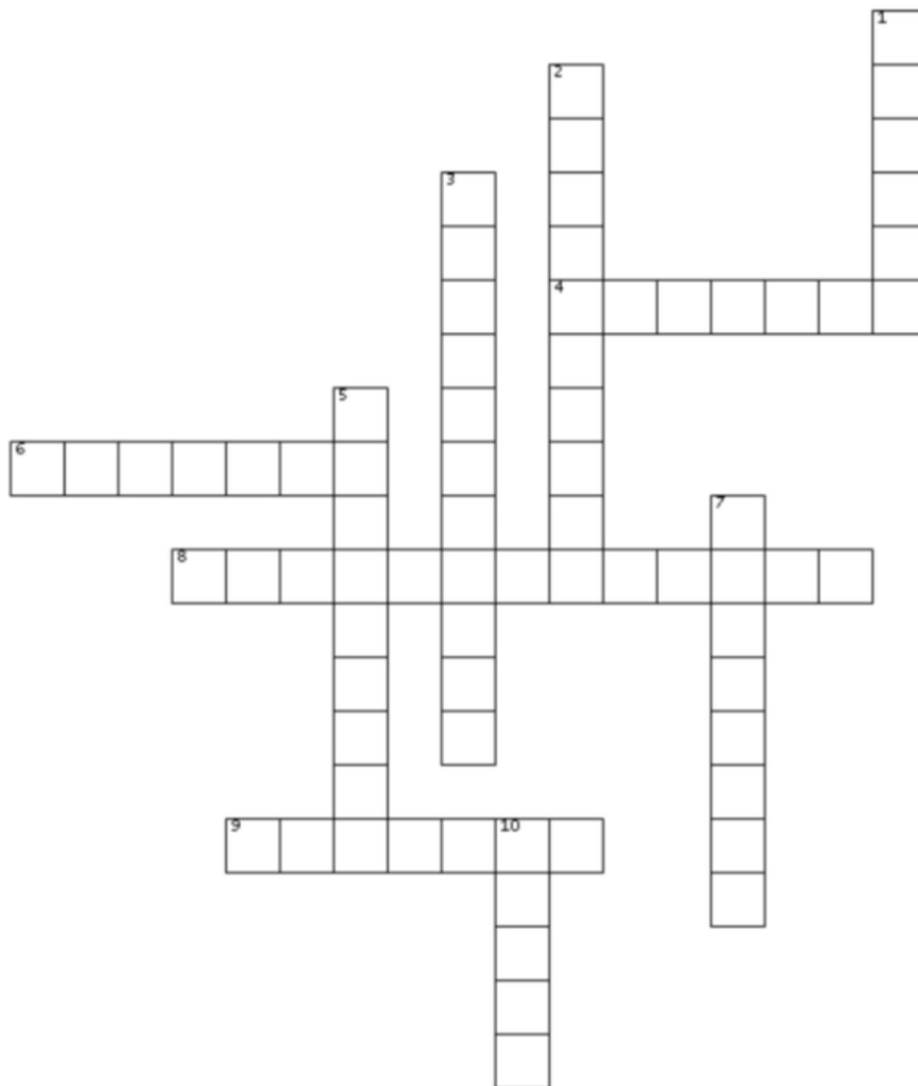


Fechtbuch des einfachen Rapies (MS germ.qu.1190/1191)



Joachim Meyers Fäktbok (MS A.4°.2)

Paalwapenvinder



ACROSS

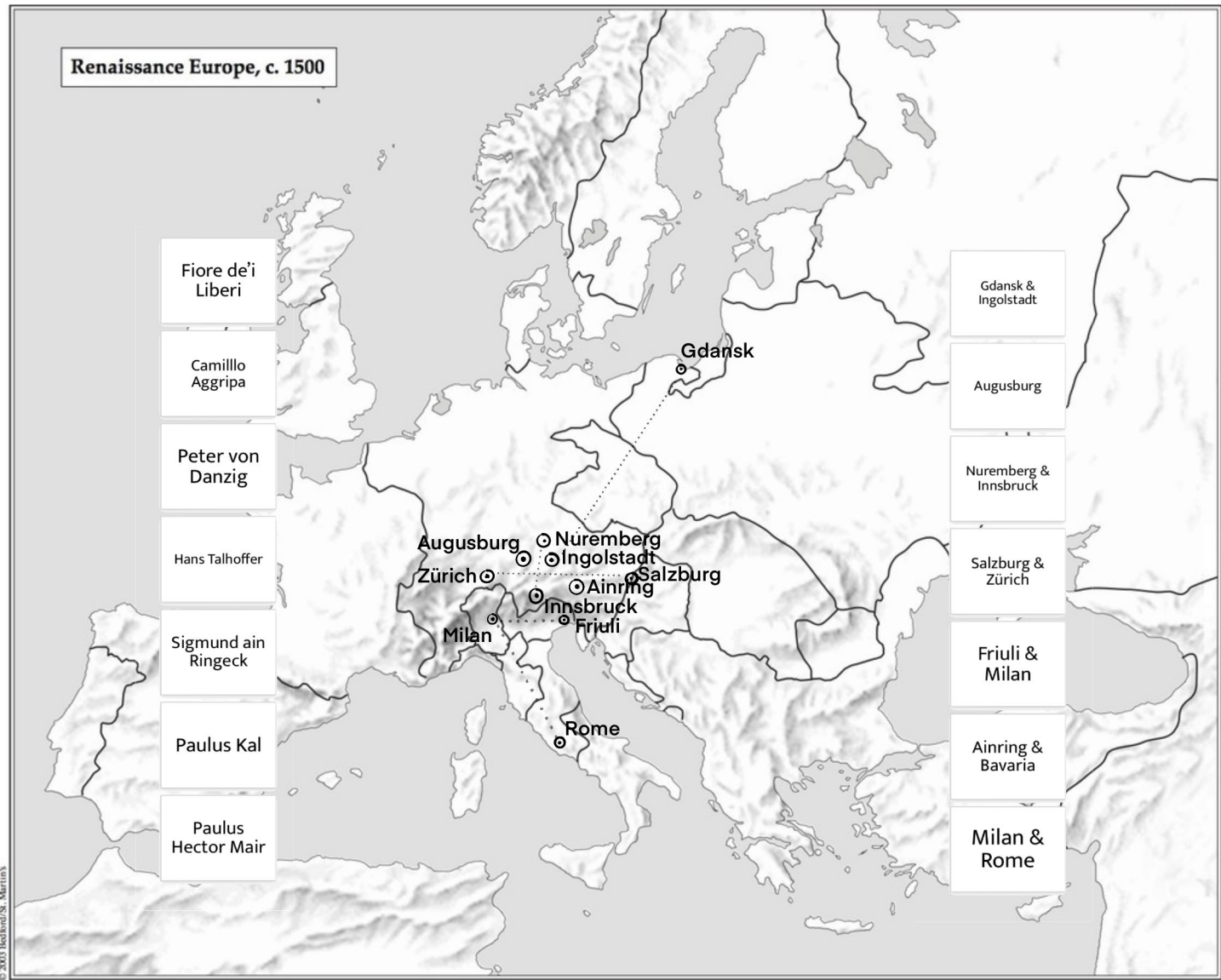
- 4. a medium length polearm developed to fight against armor with a spike at the butt end and at the head an axe blade, a spike on top and a hammer or beak at it's back
- 6. a three lobed blade with a long strong spike in the middle and two sideways curving blades on either side of it
- 8. a long hafted strong axe blade
- 9. complex head with a cutting blade at the front, a spike on top and a sharp hook on it's back with langets securing it to the pole

DOWN

- 1. long sharp blade at the end of the pole
- 2. a long spike with a rondel guard at it's base
- 3. spikes in multiple directions at the base of a long spike
- 5. a very thin and long forward curved blade with a secondary thin spike portruding forward
- 7. a long and broad spearhead with two protrusions at the base of the blade
- 10. a strong cutting blade with the tip curving downwards in a hook. The top protrudes into a forward spike and on the back is another straight spike facing away from the cutting edge

Plaats de meesters op hun plaats(en)*

*om en nabij aan de hand van soms beperkte informatie



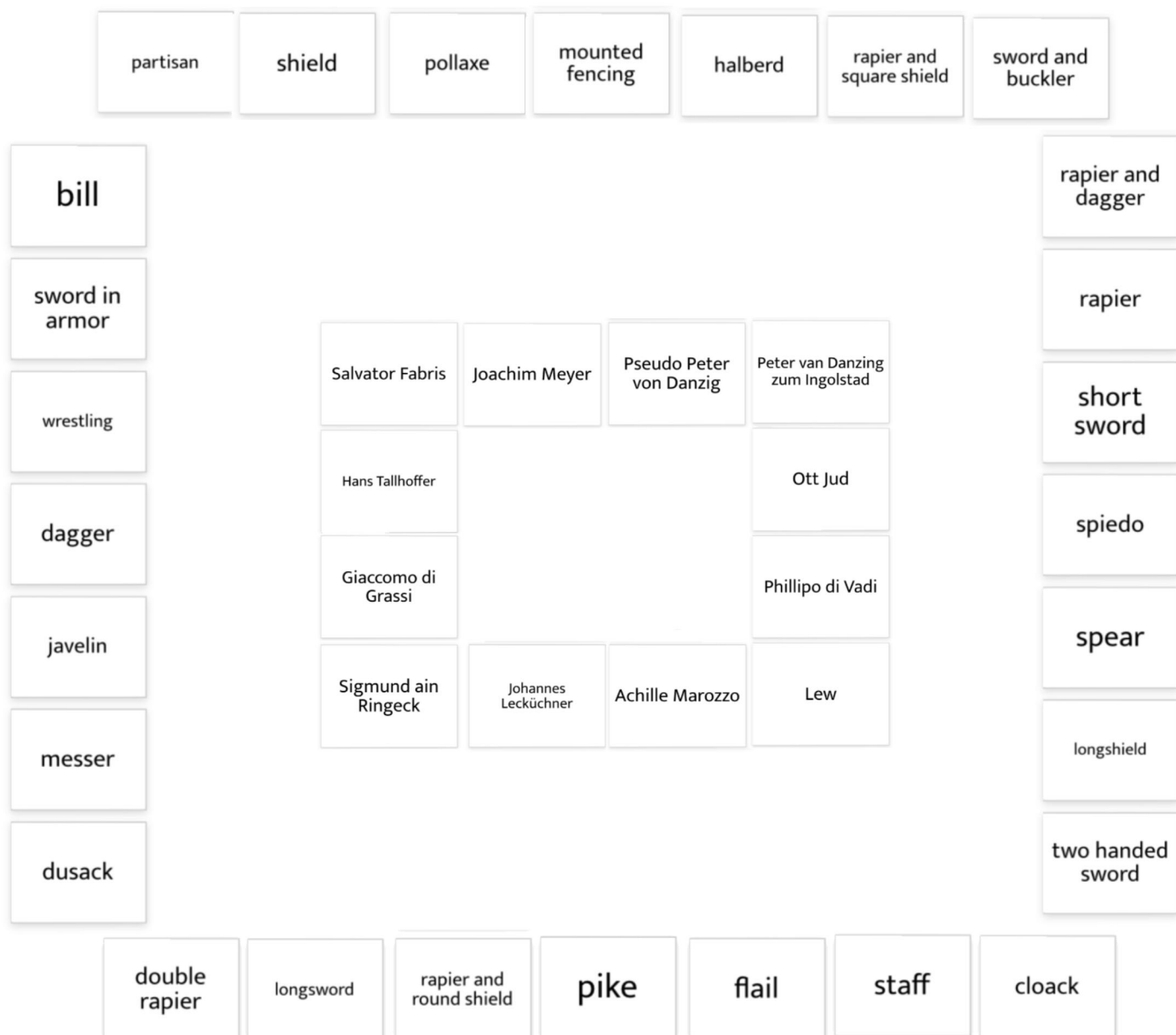
Ott's worstel waarheid

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
		22	15	7								13					18					6			

E	E	R	W	R	E	M	C																			
7	20	7	18	25	6	18	7	4	23	10	12	19	8	13	3	4	23	22	1	19	4	12	4	23		
			R	E	E									E				R						E		
1	11		23	24	18	7	7		23	24	12	19	8	4	23	24	7	11	12	18	4	23	1	19	7	
									E					E	C			D						E		
			12	4		4	14	12	10	10		23	24	7	4	7	22	1	19	15	1	19	7	12	4	
			E	E	D				D			E						R	D			E				
			4	16	7	7	15		17	19	15	23	24	7	23	24	12	18	15	1	19	7	12	4		
			E			R			E	R								C								
			23	24	7	16	18	1	16	7	18	17	16	16	10	12	22	17	23	12	1	19	1	11		
			R	E					E	E								M								
			4	23	18	7	19	8	23	24	14	7	7	16	12	19	13	12	19	15	23	24	17	23		
			E			E									E	M					E	E	D			
			23	24	7	5	7	4	23	1	11	23	24	7	13	12	4	4	16	7	7	15	17	4		
			R	E		E									R						E			R	M	
12	23		16	18	7	20	7	19	23	4	25	1	3	18	1	16	16	1	19	7	19	23	11	18	1	13
			C											E	R											
			22	1	3	19	23	7	18	12	19	8	25	1	3											

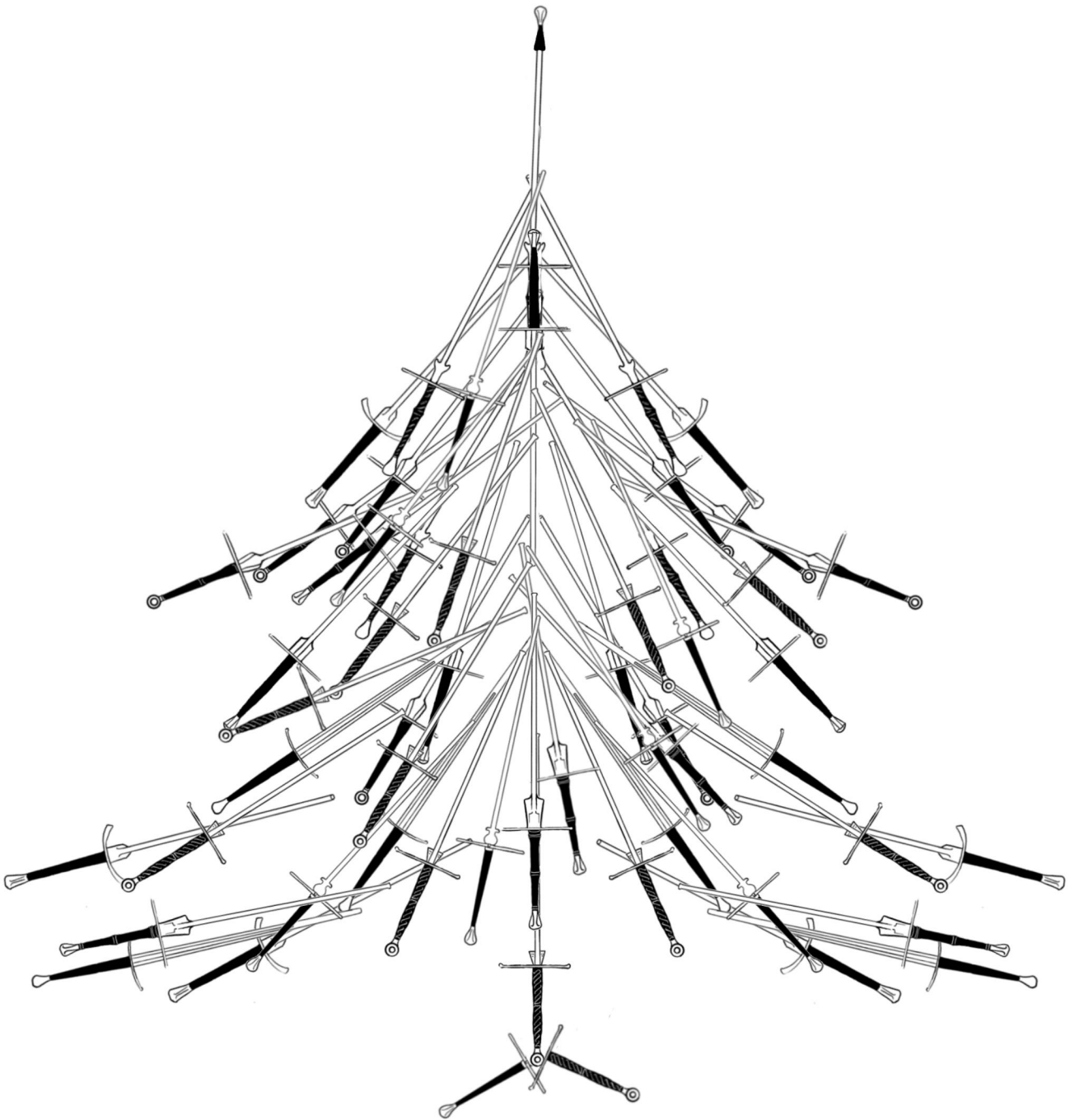
Wapenkeuzes

Wie heeft waarover geschreven? Verbind de meesters met hun wapens, de antwoorden kunnen overlappen.

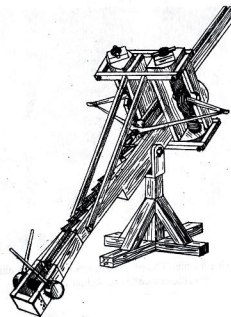
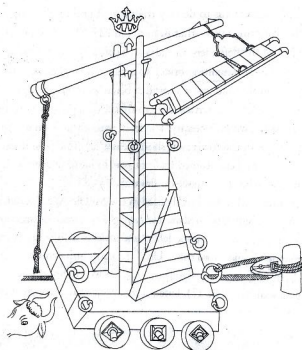
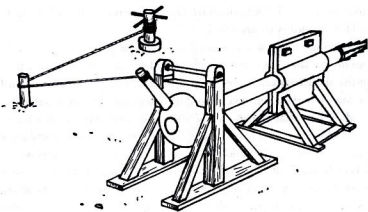


**'Oh, Federbaum, oh Federbaum
Du bist doch wunderschön'**

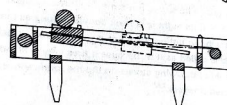
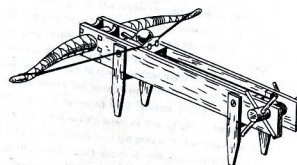
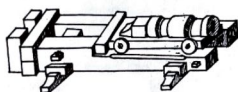
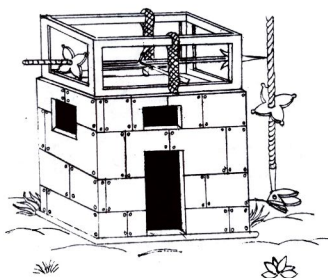
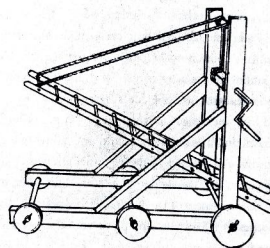
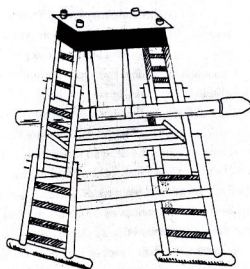
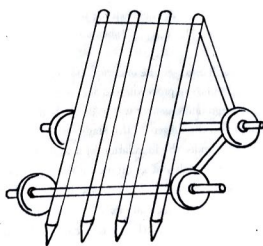
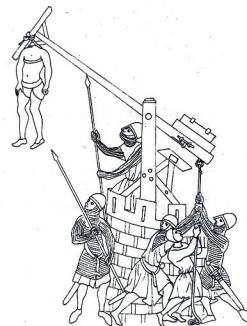
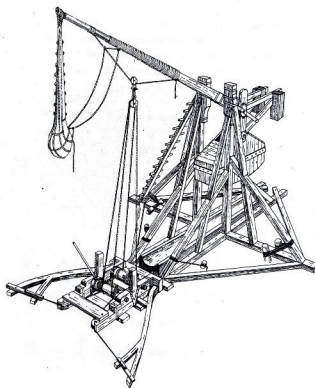
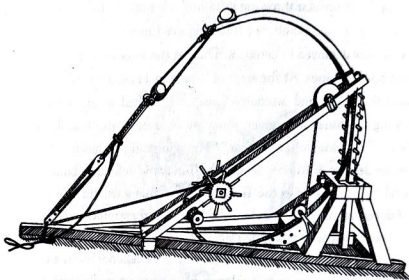
Uit hoeveel feders is de Z&S Federbaum opgebouwd?



Benoem de belegeringswapen



- Espringal
- Siege tower
- Einarm
- Siege ladder
- Borer
- Trebuchet
- War crane
- Lithobolos
- Battering ram
- Digging tortoise
- Balista
- Canon



Zoek de 15 verschillen



Georges Silvers liefde voor de rapier

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
26				24				23							9		15								

E R A P I E R I E E R I
19 6 24 15 26 9 23 24 15 18 23 21 6 19 10 6 24 19 6 24 15 23 19
E I E R A P A I E I
4 24 12 23 20 21 2 24 13 15 26 17 17 13 1 9 26 20 23 24 22 10 23 19 6
E P I A R E R A R
19 6 24 9 13 20 23 26 15 22 4 16 17 7 2 24 15 17 2 13 26 7 13 15
E A I I I
21 2 13 3 24 13 18 1 26 23 2 23 12 12 19 23 2 2 4 14
R E A E I I I E R
15 24 26 12 13 20 13 18 19 6 24 23 20 12 16 18 18 23 17 23 24 20 17 14 13 15
I P E R E I E R A P I E R A
23 1 9 24 15 18 24 17 19 23 13 20 13 18 19 6 24 15 26 9 23 24 15 26 20
I P E R E I
23 1 9 24 15 18 24 17 19 18 23 21 6 19



Fiore’s zwijntjes

t s a	n d s	I k n	t h r o	h e B	w n l	v e r	s , a
h o w	w o r d	t o	e v e	r y t h	, a n	s , a	d I
w a y	k n o	s k f	l c u	n d d	h r u s	o a r '	o w t
i t h	f r o m	r e c o	a n c e	k n o w	r n a	t s ,	i n g .
o t u	o w h	I w a	w a l	o r I	s T u	a n d	i n t
e r e	n d t	a r t s					

I k n							
		i n g .					

Regelgemier DLC editie

Vind de 15 regel aanpassingen op deze
Pagina uit het DLC 2025 regelset



DLC Ruleset

2025

Targets

Deep targets

Cuts, thrusts and slices to the head and neck, down to the end of the clavicle, and thrusts to the torso, down to the top of the bicep and down to the wishbone.

Shallow targets

Cuts and slices to the torso + Cuts, thrusts and slices to everything else that is deep and illegal target.

Scoring actions

Scoring actions are cuts, thrusts and grapples. You may end them rightly with the disassemblable Sigi feder. All of these can be of insufficient quality to score. In all cases, whether an action scores is up to the discretion of the referee, though they may ask their juggalos for input.

Thrust quality guidelines: thrusts must visibly hit their target and preferably show a heavy bend to the blade to indicate some pressure before being pressed. In cases where the thrust slides off the surface it hits (such as the mesh of a mask or smooth plastic protectors) it is up to the referee's discretion whether it is a goal. When someone hits with a thrust to the hand while this hand is being held close to or against the torso, the referee may choose to count this as a hit to the torso.

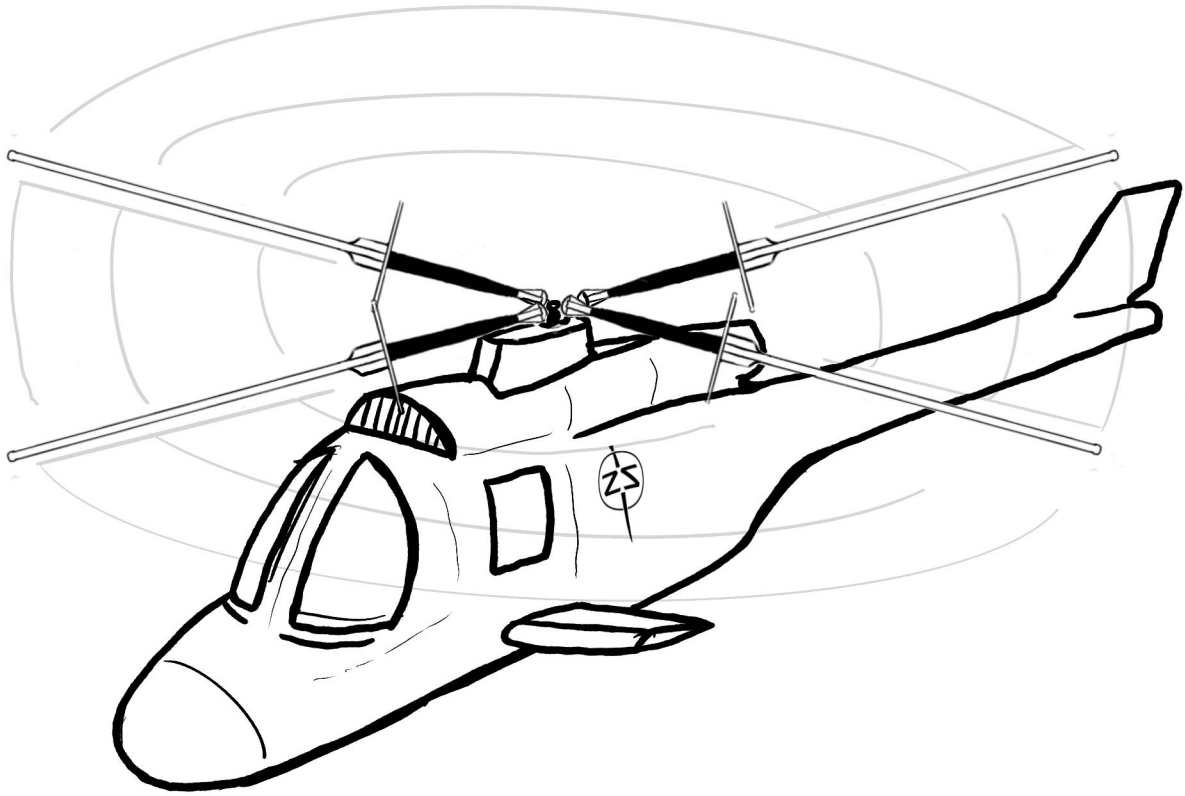
Cat quality guidelines: cuts should have some amount of arc to it and hit with the flat edge of the blade; hits with the edge are not counted. A cut where the point makes contact but the arc of the blade is stopped by contact with the fencer is of insufficient quality to be scored.

Grapple quality guidelines: The fencer should have some control of their opponent (and be able to indicate or place a hit with either their point or edge) or be in a clear position of dominance. They are allowed to grasp their opponent's sword or arm for control while they indicate or place a hit with the pommel or cutting edge of their thrown sword. Throws and disarms should always be performed with a degree of control.

Verplichte 'waar kijk ik naar' kleurplaat



Helicopter...heli ...zwerchcopter!

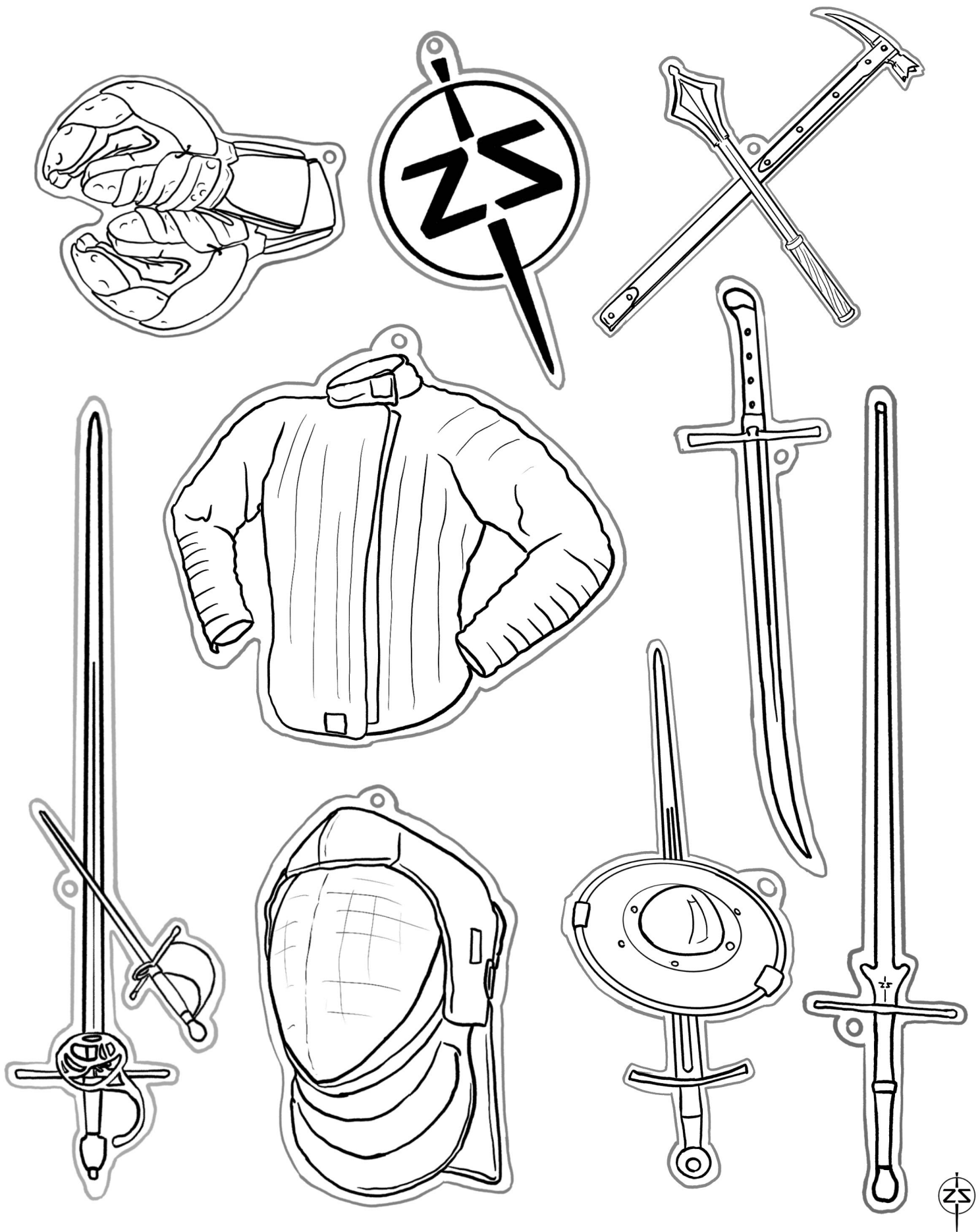


Pak je feder en zoek een plek met voldoende veilige ruimte
om de vraag te beantwoorden.

Hoe vaak kan jij achterelkaar door zwerchen?

HEMA-sieringen

Kopier op stevig papier, knip uit en maak zo je eigen HEMA slinger of boomversieringen.



Who's sword is it anyway?

Improv party vragen voor hema-isten.

SCENES FROM A HEMA CLUB

- *Things you shouldn't say to your opponent right before a bout.
- *Bad ways to explain HEMA to your grandma.
- *Rejected names for historical sword techniques.
- *Things you can say during sparring, but not on a first date.
- *What happens when your federschwert develops a mind of its own.
- *Bad translations of medieval fencing manuals.
- *The worst possible advice to give a new student.
- *Things you shouldn't yell at a tournament judge.
- *Things you can say during wrestling, but not to your boss.
- *How a fencer from the Middle Ages reacts to modern protective gear.
- *You order a new sword at the wrong HEMA store.
- *Explain HEMA... badly.
- *Describe your last tournament in one dramatic sentence.
- *Invent a fencing style based on a household object.
- *Name a sword technique that sounds like a cocktail.
- *Interprets everything as a sword technique.
- *Is allergic to steel.
- *Believes HEMA stands for Healthy Eating & Martial Aerobics.
- *Thinks they're a rapier fencer trapped in a longsword world.

PROPS GAME

- * "This isn't a fencing mask... it's actually a ____!"
- * Use a sword bag as something completely different.
- * Demonstrate the most impractical use for a longsword.
- * Show the wrong way to use protective gear.
- * Convince the audience your federschwert is actually a musical instrument.
- * The wall is an opponent you must duel.
- * Demonstrate a "new martial art" using only a chair.
- * Pretend your glove is a very angry squirrel.
- * Your fencing jacket has gained consciousness.

QUESTIONS ONLY (alleen met vragen antwoorden)

- "Did you really just parry with your edge?"
- "Is that a thrust, or are you just happy to see me?"
- "Should your foot be there?"
- "Was that in the manual, or did you just make it up?"
- "Do you even remember which Liechtenauer verse that was?"
- "Why are you quoting Fiore during warmup?"
- "Are you sure that's historical?"

Match het jaartal bij de manuscript

Walpurgis
Fechtbuch

1460-85

Le Jeu de la
Hache

1599

La Scientia
della Spada

1320's

Paulus Kal
Fechtbuch

1600-
1609

Albrecht Dürers
Fechtbuch

1512

Paradoxes of
Defence

1404

Il Fior di
Battaglia

1460-
1514

Hau hau hau, welke hau is deze hau?

.....hau

Whoever over hews you ... hew point threatens him

.....hau

... on nimbly
Throw the point upon the hands
... whoever sets well
With stepping, it destroys many hews

.....hau

Lateral strike
What comes from the day

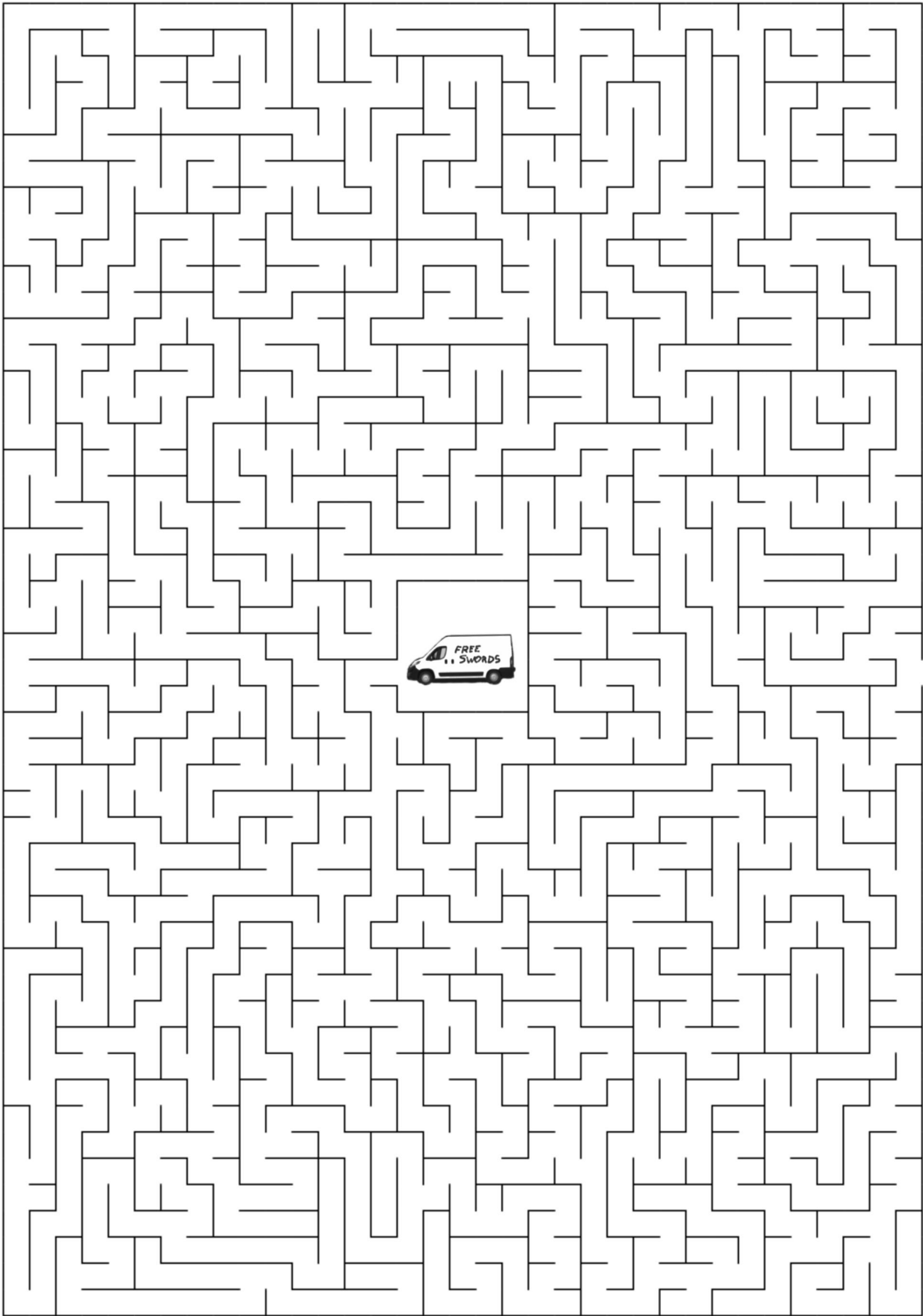
.....hau

... breaks in
Whatever buffalo strikes or stabs
Whoever threatens change
... robs him of it

.....hau

The ... is dangerous to the face
With its turn
Quite dangerous to the chest

Help het 'verdachte' busje naar de gretige Z&S handjes



Harnassenjacht

ALODUPNR

13

TAELS

6

EVBOR

2214

ESBELATPRAT

10

CDABREGAR

1821

OGNIMANRPTI

3312820

PLRACDA

26

LDFUA

2327

ACPDALR

33

TOURCE

5

REEERBACR

12

BCAVAREM

2532830

ETUILL

1

UAGTLNTE

29434

USESIC

162

ONYPELE

9

RGAEVE

7

SETEOLR

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W

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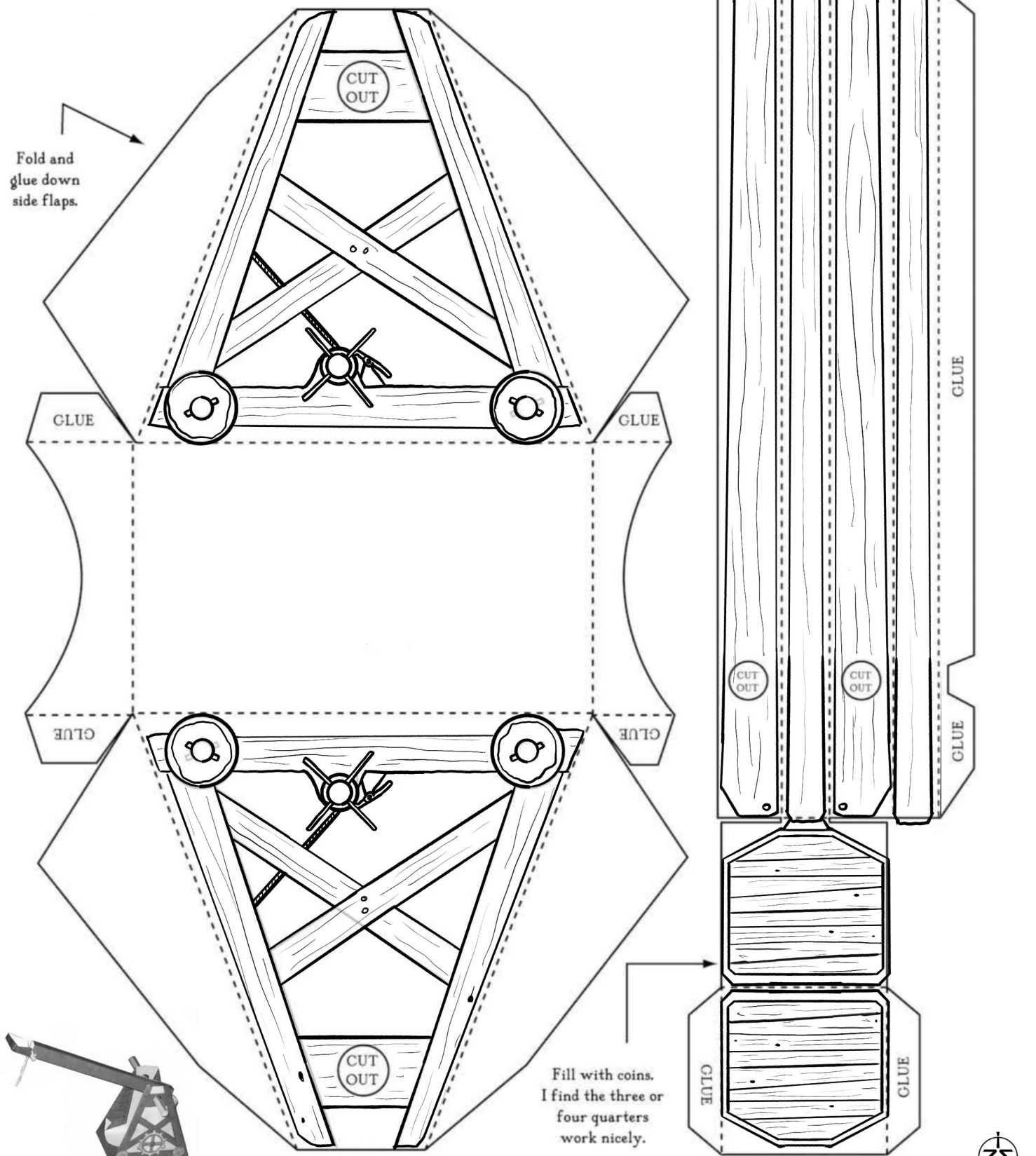
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Bouw je eigen Trebuchet

Knip de stukken uit, vouw ze en lijm ze aan elkaar. Je kunt de arm verstevigen bij het touw aanknopingspunt. Knip een rietje doormidden en steek het door de gaten zodat de trebuchetarm vrij kan bewegen. Doe munten in de vierkante houder zodat de korte arm van de trebuchet verzwaard is.



De zelfreflectie pagina

**Wat ging er goed in het
afgelopen half
trainingsjaar?**

**Wat zijn je doelen voor
de test van het
trainingsjaar?**

**Wat ging minder goed
tot nu toe in het
trainingsjaar?**

**Wat zie je als je
grootste uitdaging voor
de rest van het
trainingsjaar?**

**Ontzettend veel trainingsplezier gewenst bij het behalen van je doelen en
het overwinnen van je uitdagingen!**

**Fijne feestdagen
gewenst!**



Bronnen

Hier vind je een groot deel van de kern bronnen die geraadpleegd zijn om deze winter-doe-boek samen te stellen.

Sites:

Wiktenauer.com
Thearma.org
Hemabond.nl
Swordschool.com
Thetoymaker.com
Hema101.com
Hroar.com

Boeken:

Freydal - Kaisers Maximilian I. Turnieren und Mummereien
- Adolf Holzhausen -wien 1881

Ancient and Medieval Siege Weapons
- Konstantin Nossov

133 Fencing in the Style of the Walpurgis Manuscript 2nd edition
- Andrew Kenner

Paradoxes of Defence
- George Silver (edited by Guy Windsor 2021)

Mochten er onjuistheden in de bekende feiten te vinden zijn, dan bij deze alvast mijn excuses en ik leer graag hoe het wel zit.



Dit is de achterzijde.

Ook leuk om maar te kijken, maar ga even
sparren ofzo...

